

-ofkin, does hereby agree to the following:

1. THE UNDERSIGNED HEREBY RELEASES, WAIVES, DISCHARGES AND CONFIRMS, and assigns, and its directors, officers, agents, successors and assigns, (collectively, the Releasees) any and all claims, demands, damages, actions, causes of actions, or suits of whatever nature or kind, in law or equity, or by contract or tort, or resulting from any loss or damage to property or injury or death, by the negligence of Releasees or otherwise, while he or she is in, upon, or about the premises, or using any of its facilities, services or equipment, or participating in any program or activity offered by the YMCA.
2. THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY AND HOLD HARMLESS the YMCA from any loss, liability, damage, or cost they may incur, whether caused by the negligence of the undersigned or otherwise, due to his or her presence on the premises of the YMCA or use of its facilities, services or equipment, or participation in any program or activity offered by the YMCA.
3. THE UNDERSIGNED HEREBY EXPRESSLY ASSUMES FULL RESPONSIBILITY FOR PERSONAL INJURY OR DEATH OR PROPERTY DAMAGE, whether caused by the negligence of Releasees or otherwise, while he or she is in, upon, or about the premises of the YMCA or using any of its facilities, services or equipment, or participating in any program or activity offered by the YMCA.

In the event of injury, the undersigned hereby authorizes the Releasees to provide medical care and treatment to him or her as may be necessary and appropriate. The undersigned hereby agrees that he or she is solely responsible for all costs incurred for such medical care or treatment.

The undersigned hereby gives his or her permission to the YMCA to use, in whole or in part, the undersigned's name, likeness, photographs, film footage, or tape recordings, including the voice of the undersigned for the purpose of promoting or interpreting YMCA programs and activities.

I HAVE READ AND VOLUNTARILY SIGN THIS FORM AND AGREE TO ITS TERMS

Signature of Participant

Date